



YMCA

We build strong kids,
strong families, strong communities.



**PARKS AND
RECREATION**

Chattanooga Parks and Recreation Department & North River YMCA

"Chattanooga Sharks" Swim Team

Entering our fifth season as a USA Swimming program, our mission is to teach, train, and motivate competitive swimmers and promote swimming as a fun, healthy sport that encourages building new friendships and family participation. Practices are offered 4 days per week at two different sites to accommodate busy schedules. Swimmers can attend any of the four practices.

Registration Dates for all swimmers and skill evaluation for new swimmers only

Tuesday, September 1 st	5:00 - 6:00 pm	North River YMCA Pool
Wednesday, September 2 nd	5:00 - 6:00 pm	South Chattanooga Pool

Practice Schedule: Begins September 8th

Monday and Wednesday	5:00pm	South Chattanooga Pool
Tuesday and Thursday	4:45pm	North River YMCA Pool

Team pre-requisites: all swimmers wanting to join the team must complete one length of the pool freestyle and backstroke without stopping. Stroke development classes are offered to work on skills needed to meet the team pre-requisite. You can join the team at anytime once the pre-requisites are met.

Stroke Development-a pre-team program teaching the 4 competitive strokes

Monday and Wednesday	4:15 pm	South Chattanooga Pool	\$32.00
Tuesday and Thursday	6:00 pm	North River YMCA	\$32.00

Coaching Staff:

Evie Sergent, Head Coach	
Ashley Murray, Assistant Coach	John Eberle, Assistant Coach

Team Fees:

Registration Fee:	\$66.00 (includes USA team membership and t-shirt)
Team Fees:	\$76.00 (swimmers will pay 2 months at a time September/October, November/December, January/February)

*****all swimmers must be a registered USA swimmer before first practice.***

What to Bring:

Swim suits, goggles, fins if you have them

For more info please call: Peggy Grall, 697-1385 or e-mail
grall_p@mail.chattanooga.gov

