

# Fall 2008 Swimming Pool Information

## Admission Fees

**\$2.00** Ages 18 & Up

**\$1.00** Ages 17 & Under

**\$2.00** Water Fitness

**\$1.00** Pool Pilates

## **North River YMCA Pool\***

**877-3517**

4138 Hixson Pike

## Indoor Pools

Open Year Round

### **Brainerd Complex Pool**

**425-3600**

1010 North Moore Road

### **South Chattanooga Complex Pool**

**425-3550**

1151 West 40th Street

\*Discounted Admission for Open Swim  
for City of Chattanooga Residents



**PARKS AND  
RECREATION**

[www.chattanooga.gov/parks&recreation/aquatics](http://www.chattanooga.gov/parks&recreation/aquatics)

# Fall 2008 Brainerd Complex Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00—10:00 am	open swim	9:15-10:15 water fitness	open swim	9:15-10:15 water fitness	open swim	
10:00—11:00 am	water fitness	10:20 Pilates water fitness	water fitness	10:15 -10:45 open swim	water fitness	swim lessons
11:00—12:00 pm	open swim	water fitness	open swim	water fitness	open swim	swim lessons
12—12:30 pm	open swim	open swim	open swim	open swim	open swim	swim lessons
1:00—3:30 pm						open swim
3:30—5:00 pm		open swim			3:30-5:30pm open swim	
5:00—6:00 pm		open swim		swim team		
3:30—6:00 pm	open swim		open swim			
6:15—7:15 pm	water fitness		water fitness			
6:00—7:30 pm		open swim				

## Swim Lesson Schedule

**Session ONE**                      \$32 (8) half hour lessons **Saturday ONLY**  
**Start Date**                        September 13  
**Register at center**                September 2—9

TIME	Advanced School Age	Beginner School Age	Beginner Preschool	Adult Beginner
10:15 am	<b>X</b>			
10:50 am		<b>X</b>		
11:25 am			<b>X</b>	
12:15 pm				<b>X</b>

Contact: Peggy Grall 697-1385    [grall\\_p@mail.chattanooga.gov](mailto:grall_p@mail.chattanooga.gov)

# Fall 2008 S. Chattanooga Complex Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00—10:00 am	open /lap swim 1/2 pool each		open /lap swim 1/2 pool each		open /lap swim 1/2 pool each	
10:00—11:00 am	water fitness		water fitness		water fitness	
11:00—12:30 pm	open /lap swim 1/2 pool each		open /lap swim 1/2 pool each		open /lap swim 1/2 pool each	
1:00—3:30 pm						open swim
3:30—5:00 pm	open/lessons 1/2 pool each		open/lessons 1/2 pool each		open swim 3:30-5:30pm	
5:00—6:00 pm	swim team		swim team			
6:00—7:30 pm	open/lessons 1/2 pool each		open/lessons 1/2 pool each			
5:30—6:30 pm		water fitness		water fitness		
6:30—7:30 pm		open swim		open swim		

## Swim Lesson Schedule

**Session ONE** \$32 ( 8) half hour lessons

**Session TWO** \$20 (5) half hour lessons

**Register at center** August 25—September 4

October 20—30

**Start Date** Monday, September 8

Monday, November 3

Wednesday, September 10

Wednesday, November 5

*no class November 24 or 26*

**YOUTH STROKE CLASS MEETS TWICE A WEEK FOR (4) WEEKS no class 11/24 or 11/26**

**Session ONE** \$32 start September 8 register August 25—September 4

**Session TWO** \$32 start October 6 register September 29—October 3

**Session THREE** \$32 start November 3 register October 20—30

TIME/ DAY	Beginner preschool	Beginner school age	Advanced preschool	Advanced school age	Youth Stroke Class
Monday 3:15 pm	X				
Monday 3:45 pm		X			
Wednesday 3:15 pm			X		
Wednesday 3:45 pm				X	
Mon/ Wed 4:15pm					X

Contact: Peggy Grall 697-1385 [grall\\_p@mail.chattanooga.gov](mailto:grall_p@mail.chattanooga.gov)

# *Chattanooga Sharks Parks and Recreation Swim Team*

*Join the fun! This is a competitive swim program for ages 6-14 years. We specialize in teaching new swimmers about competitive swimming and keeping current swimmers at the top of their sport! This is USA Swimming team program.*

*Cost: \$60 registration fee —monthly fees as follows*

\$70 September/October      \$70 November/December

\$70 January/February      \$35 March Only

## **Practice Schedule:**

Monday and Wednesday	5:00—6:00 pm	South Chattanooga Pool
Tuesday and Thursday	4:30—5:30 pm	North River YMCA Pool

## **Registration:**

Register at the scheduled pool September 2—11

## **Pre-requisites:**

Swimmers must be able to swim one length of the pool freestyle and one length backstroke. Pre-swim team classes available at South Chattanooga Pool and the North River YMCA Pool.

## **Need more information?**

Call Peggy Grall at 697-1385  
or E-mail

***Pool rentals for private parties  
are available at  
indoor and outdoor pools.  
Call 697-1385***



**PARKS AND  
RECREATION**

\*Both indoor pools are  
ADA Handicap Accessible



757-P.L.A.Y.

