

RESOLUTION NO. \_\_\_\_\_

A RESOLUTION AUTHORIZING THE ADMINISTRATOR OF THE DEPARTMENT OF YOUTH AND FAMILY DEVELOPMENT, TO APPLY FOR AND, IF GRANTED, ACCEPT A GRANT FROM CHACO AND ROCK CREEK FOR THERAPEUTIC RECREATION SERVICES (TRS) TO CONTINUE AND EXPAND ITS CURRENT ADAPTIVE KAYAKING PROGRAM, IN THE AMOUNT OF THREE THOUSAND DOLLARS (\$3,000.00).

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BE IT RESOLVED BY THE CITY COUNCIL OF THE CITY OF CHATTANOOGA, TENNESSEE, That the Administrator of the Department of Youth and Family Development apply for and, if granted, accept a grant from Chaco and Rock Creek for Therapeutic Recreation Services (TRS) to continue and expand its current adaptive kayaking program, in the amount of \$3,000.00.

ADOPTED: \_\_\_\_\_, 2013

/mms

# City of Chattanooga



## Resolution/Ordinance Request Form

Date Prepared: 07/23/13

Preparer: Carla Johnson

Department: Youth & Family Development

**Brief Description of Purpose for Resolution/Ordinance:** Res./Ord. # \_\_\_\_\_ Council District # \_\_\_\_\_

Authorization for the Administrator of the Department of Youth and Family Development to apply for and, if awarded, accept a grant from Chaco and Rock Creek for Therapeutic Recreation Services (TRS) to continue and expand its current adaptive kayaking program, in the amount of \$3,000.00.

Name of Vendor/Contractor/Grant, etc. Chaco/Rock Creek  
Total project cost \$ None  
Total City of Chattanooga Portion \$ None  
City Amount Funded \$ None  
New City Funding Required \$ None  
City's Match Percentage % None

New Contract/Project? (Yes or No) \_\_\_\_\_  
Funds Budgeted? (YES or NO) \_\_\_\_\_  
Provide Fund \_\_\_\_\_  
Provide Cost Center \_\_\_\_\_  
Proposed Funding Source if not budgeted \_\_\_\_\_  
Grant Period (if applicable) \_\_\_\_\_

**List all other funding sources and amount for each contributor.**

Amount(s)	Grantor(s)
\$ _____	_____
\$ _____	_____
\$ _____	_____

Agency Grant Number \_\_\_\_\_

CFDA Number if known \_\_\_\_\_

Other comments: (Include contingency amount, contractor, and other information useful in preparing resolution)

Approved by:   
DESIGNATED OFFICIAL/ADMINISTRATOR

Reviewed by: FINANCE OFFICE

Please submit completed form to @budget, City Attorney and City Finance Officer

Revised: October, 2011

## **Scenic City Adaptive Rowing and Paddling Program** **Grant Application**

**Organization Overview** - Therapeutic Recreation Services (TRS) of the Chattanooga Department of Youth and Family Development was established in 2000, in response to a community request to provide recreation opportunities to citizens with disabilities. Since that time, TRS has expanded its geographic area and programming to include individuals of all abilities in the Hamilton County and surrounding areas. There are over 47 thousand individuals with disabilities in Hamilton County. TRS continuously goes to great lengths to raise awareness about disability and recreation including programming, education, partnerships and community involvement. Through our small operating budget, two full-time staff, volunteers, donations and other grants, we were able to serve over 16,000 individuals and their families in the 2011/2012 calendar year.

Our mission is as follows: *Therapeutic Recreation Services (TRS) of the Chattanooga Department of Youth and Family Development seeks to provide leisure and recreation opportunities for citizens of all abilities and their families. We serve both youth and adults with physical, cognitive, and/or emotional disabilities. Through our programs, education and advocacy, individuals can build confidence, improve physical and cognitive abilities, expand support and social networks; and enhance overall quality of life.*

**Purpose** - The purpose of applying for the Chaco Grant is to continue and expand our current adaptive kayaking program, *Scenic City Adaptive Rowing and Paddling (SCARP)*, which includes youth, adults and veterans with a variety of disabilities. Thus far, we have had great success with introducing these individuals to the sport of kayaking while teaching leadership skills, appropriate social interaction/readjustment into civilian life, skill development and overall physical fitness. Through additional funding from this grant, we will be able to not only continue these opportunities but expand this program throughout the winter utilizing an indoor pool. We believe that it is important for the individuals that are currently involved to keep progressing and want to open this successful program up to meet the needs of those on our waiting list.

**Program Details and Plan** - *Scenic City Adaptive Rowing & Paddling* will be used to provide individuals of all disabilities and their families the opportunity to learn to kayak. With the assistance of the Chaco Grant, we will be able to purchase additional equipment, needed qualified personnel and facility rental. SCARP can then recruit additional individuals with physical and/or cognitive disabilities, including veterans with disabilities, and increase skill development for current participants. The expansion of this program will not only help to meet the growing need and goal of engaging veterans with disabilities and their family members, but also provide a wider variety of outdoor, adventure opportunities. Throughout the months from October – March, participants will have experience bi-weekly kayaking classes in an indoor pool.

**Target Audience** – The SCARP program currently includes individuals with a variety of disabilities, including veteran with disabilities and their families. Our goal is to be able to offer this opportunity to a larger number of individuals with disabilities. We are looking to serve a total of thirty individuals.

**Goal #1:** To provide kayaking education and instruction including safety awareness to program participants and the community.

**Objective A:** Staff will educate and introduce the community to the adaptive component of the popular sport of kayaking by distributing resources, social media and participating as vendors at local conferences and events.

**Objective B:** Participants will follow a skill progression related to their specific needs and overall goals.

**Objective C:** General safety will be discussed to all participants at the beginning of each program. Each participant will also have a one-on-one discussion with staff on a safety plan specifically designed to meet their needs.

**Goal #2:** Increase participant's stamina, endurance, coordination and overall knowledge of physical activity and its benefits.

**Objective A:** Participant will be given educational material on how to train and maintain an overall healthy lifestyle while not at the program. Each participant will be expected to verbalize additional activities they have participated in and activity level at each.

**Objective B:** Participants will be given and encouraged to participate in local ideas and resources for recreation and fitness throughout the winter months.

**Goal #3:** To develop and promote ways for individuals to continue adaptive kayaking.

**Objective A:** Participant will independently choose appropriate equipment and execute the safety skills that were taught throughout the program.

**Objective B:** *Scenic City Adaptive Rowing & Paddling* will be offered and promoted through TRS seasonally. It will be advertised as appropriate for beginners, as well as, a progression for the participants to increase their skill level throughout the program duration.

**Objective D:** Help facilitate participant connection with additional local trips/organizations and also provide resource books (consisting of safety tips, regional and national resources, maps and paddling suggestions in relation to skill level).

**Objective E:** Encourage family participation in order to create an inclusive environment throughout the program, as well as, meeting the goal of sustainability.

**Budget: \$3000**

- \$1,500 – Instruction/Personnel
- \$1,250 – Equipment
- \$250 – Facility rental

The following quotes were from an article in the local paper - Chattanooga Times Free Press –

- R. Boyd referring to the kayaking program describes the experience as: "It brought out that kid in me that I haven't seen in a long time. And he was quiet."
- R. O'Daniel left the military soon after his tour. Now a Bradley County deputy sheriff, he sought out the class to connect with other veterans. "People at work, they ask you a million and one questions about what you've been through, where other veterans, they understand and don't have to ask," he said.
- T. Randles describes this program as offering him the first group he has been a part of since I left combat.