

Attachment A: Program Outcome Information

MITCHELL HOME

Using the format provided, give the necessary information on separate pages for each program for which you are requesting funding from the City of Chattanooga. Submit a separate page for each program that would be supported by this funding request. Use specific numbers.

Agency Mission: The mission of Fortwood Center is to improve the quality of life for area residents who are experiencing mental illness or emotional problems.

Program Goal: State the goal of this program; the rationale for the goal; and the potential community impact.

Mitchell Home is an 8 bed facility that provides permanent and transitional housing to mentally ill adults who are homeless or at risk of becoming homeless. The goal is to provide a therapeutic environment that supports their participation in outpatient treatment to remain clinically stable, addresses basic support needs, provides housing as long as necessary, and provides independent living skills training.

Outcome Objectives: Provide 2 – 3 Outcome Objectives which are specific to the Program Goal.

1. To provide residential stability supported by 24/7 staff coverage.
2. To provide an opportunity for all program participants to receive orientation to Vocational Rehabilitation, Psychosocial Rehabilitation, and Employment resources in order to increase self-determination.

Priority Area Addressed:

1. Building Stable Lives is the priority area that is addressed by this program. The expected results is to help reduce or prevent homelessness and to assist residents in developing financial resources and improving living skills to become self sufficient.

Means of Measurement: Indicate how each objective is measured to determine effectiveness.

1. Daily, monthly and yearly reports that monitor increased ability to become self sufficient. Pre and Post evaluations measuring improvement in independent living skills and financial resources.

Outcome Results: In quantitative terms, state the results for each Outcome Objective.

1. 100% of the program participants will participate in psychosocial rehabilitation programs and expand social support networks. The programs will conduct educational activities to help increase consumer's awareness and understanding of their mental illness.

Comparative Information:

Being able to secure supported housing helps to prevent or reduce homelessness, and helps to prevent hospitalization. The daily cost at Mitchell Home is \$130.00 per day compared to hospitalization which is \$772.00 per day for acute care.

Attachment B: Comparative Financial Information

This section relates to agency efforts specifically funded by Chattanooga dollars to benefit Chattanooga residents, relative to the dollars given by adjoining governmental entities.

| Dollars provided to your organization in FY 2013 by the following entities: | Percent of your total annual operational funding provided by local government | % of Hamilton County Population* |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------|
| Chattanooga | 2% | 49.83% |
| Unincorporated Hamilton County | | 30.22% |
| Hamilton County Government's (General funds) | | |
| Collegedale | | 2.46% |
| East Ridge | | 6.24% |
| Lakesite | | 0.54% |
| Lookout Mountain | | 0.54% |
| Red Bank | | 3.46% |
| Ridgeside | | 0.12% |
| Signal Mountain | | 2.25% |
| Soddy-Daisy | | 3.78% |
| Walden | | 0.56% |
| Other (Outside Hamilton County) | 98% (state, Medicaid, Medicare, U.W.) | |
| | Above percentages should total 100% | |
| | | |
| Percent of Services rendered to residents of: | Estimate, if you do not now track this data. | |
| Chattanooga | 78% | 49.83% |
| Unincorporated Hamilton County | 9% | 30.22% |
| Hamilton County Government's (General funds) | | |
| Collegedale | | 2.46% |
| East Ridge | | 6.24% |
| Lakesite | 5% | 0.54% |
| Lookout Mountain | | 0.54% |
| Red Bank | | 3.46% |
| Ridgeside | 5% | 0.12% |
| Signal Mountain | | 2.25% |
| Soddy-Daisy | 3% | 3.78% |
| Walden | | 0.56% |
| Other (Outside Hamilton County) | | |
| | Above percentages should total 100% | |

*Population numbers are from 2010 U.S. Census.

Attachment C: Program Beneficiary Statistics

Program: Fortwood Center – Mitchell Home

| Program Beneficiary Characteristics Clients/Patients/Recipients/Other | Last Year | This year (estimated) | Next Year (projected) |
|--------------------------------------------------------------------------|--------------|--------------------------|--------------------------|
| 1. Unduplicated Count of Program Beneficiaries TOTAL | | 5 | 5 |
| a) Total Continuing From Previous Fiscal Year | | | |
| b) Total New for the Year | | 5 | 5 |
| c) Total Terminated During the Year | | | |
| 2. Age Group TOTAL | | 5 | 5 |
| a) Infants – Under 5 | | | |
| b) Between 5 and 12 | | | |
| c) Between 13 and 17 | | | |
| d) Between 18 and 29 | | 1 | 1 |
| e) Between 30 and 64 | | 2 | 2 |
| f) 65 and over | | 2 | 2 |
| g) Not Known | | | |
| 3. Sex TOTAL | | 5 | 5 |
| a) Male | | 3 | 3 |
| b) Female | | 2 | 2 |
| c) Not Known | | | |
| 4. Ethnic Background TOTAL | | 5 | 5 |
| a) White | | 2 | 2 |
| b) Black | | 3 | 3 |
| c) Hispanic | | | |
| d) Oriental | | | |
| e) Other – Ethnic Minority | | | |
| f) Not Known | | | |
| 5. % Income Level TOTAL | | 5 | 5 |
| a) Below 9,999 | | 5 | 5 |
| b) 10,000 –19,999 | | | |
| c) 20,000 – 29,999 | | | |
| d) 30,000 and Over | | | |
| e) Not Known | | | |
| 6. Location of Residence TOTAL | | 5 | 5 |
| a) Chattanooga | | 5 | 5 |
| b) Outside of Chattanooga | | | |
| c) Not Known | | | |

This program was not funded prior to FY 2013.

Attachment F: Budget Format

CITY OF CHATTANOOGA
FY2014 Agency Funding Financial Form
Fortwood Center, Inc. - Mitchell Home

| Account Category | Actual FY2010 | Actual FY2011 | Actual FY2012 | Budget FY2013 | Request FY2014 | vs. FY13 Bud | vs FY13 Bud |
|--------------------------------------------------------|---------------|---------------|----------------------|----------------------|----------------------|--------------------|-------------|
| REVENUES | | | | | | | |
| Contributions | | | | | | | |
| Individuals/Private | | | | | | 0 | N/A |
| Corporate/Organizations/Churches | | | | | | 0 | N/A |
| Fees/Grants from Governmental Agencies | | | | | | | |
| Federal | | | 138,649.00 | | | 0 | N/A |
| State | | | | | | 0 | N/A |
| Hamilton County | | | | | | 0 | N/A |
| City of Chattanooga | | | | 17,000.00 | 17,000.00 | 0 | 0.0% |
| Other Cities (Please list) | | | | | | 0 | N/A |
| United Way | | | | | | | |
| Foundations (including grants) | | | | | | 0 | N/A |
| Gross Proceeds Special Events | | | | | | 0 | N/A |
| Other UWs/Federations | | | | | | 0 | N/A |
| CFC/Designations received thru UWGC | | | | | | 0 | N/A |
| UWGC Program Allocation | | | | | | 0 | N/A |
| UWGC Special Funding | | | | | | 0 | N/A |
| Membership Dues | | | | | | 0 | N/A |
| Program Income | | | 155,005.00 | 208,641.00 | 211,937.00 | 3296 | 1.6% |
| Governmental Insurance | | | | | | 0 | N/A |
| Private Insurance | | | | | | 0 | N/A |
| Contracted Services | | | | | | 0 | N/A |
| Fee for Services | | | | | | 0 | N/A |
| Other Program Income | | | | | | 0 | N/A |
| Sales to Public | | | | | | 0 | N/A |
| Investment Income | | | | | | 0 | N/A |
| Miscellaneous | | | | | | 0 | N/A |
| Other Revenues (Please list separately any major item) | | | | | | 0 | N/A |
| Transfers in from other internal budgets | | | | | | 0 | N/A |
| Income from Previous Year | | | | | | 0 | N/A |
| TOTAL REVENUES | \$ - | \$ - | \$ 293,654.00 | \$ 225,641.00 | \$ 228,937.00 | \$ 3,296.00 | 1.5% |

This is the amount awarded, not initially requested for FY 2013.

| | | | | | | | |
|---------------------------|--|--|------------|------------|------------|------|-------|
| OPERATIONS | | | | | | | |
| Personnel Expenses | | | | | | | |
| Salaries | | | 145,845.00 | 114,000.00 | 118,000.00 | 4000 | 3.5% |
| Fringe Benefits | | | | | | 0 | N/A |
| Employee Health | | | 4,030.00 | 1,500.00 | 1,484.00 | -16 | -1.1% |

Attachment F: Budget Format

CITY OF CHATTANOOGA
FY2014 Agency Funding Financial Form
Fortwood Center, Inc. - Mitchell Home

| Account Category | Actual FY2010 | Actual FY2011 | Actual FY2012 | Budget FY2013 | Request FY2014 | vs. FY13 Bud | vs FY13 Bud |
|--------------------------------------------------------|---------------|---------------|----------------------|----------------------|----------------------|-----------------|-------------|
| Pension/Retirement | | | 2,917.00 | 3,420.00 | 2,426.00 | -994 | -29.1% |
| Payroll Taxes, etc. | | | 11,874.00 | 8,721.00 | 9,027.00 | 306 | 3.5% |
| Other (unemployment, life insurance, etc) | | | | | | | |
| Total Personnel Expenses | \$ - | \$ - | \$ 164,666.00 | \$ 127,641.00 | \$ 130,937.00 | 3,296.00 | 2.6% |
| OPERATING EXPENSES | | | | | | | |
| Administration | | | | | | | |
| Services | | | | | | | |
| Professional Fee & Contract service | | | 250.00 | | | 0 | N/A |
| Utilities | | | | | | 0 | N/A |
| Other | | | | | | | |
| Rent | | | | | | | |
| Travel/Transportation | | | | | | | |
| Local | | | 4,983.00 | 8,000.00 | 8,000.00 | | |
| Out of Town | | | | | | 0 | N/A |
| Insurance (not employee health) | | | | | | 0 | N/A |
| Materials & Supplies | | | 743.00 | 2,000.00 | 2,000.00 | 0 | 0.0% |
| Telephone, Fax, ISP | | | 1,772.00 | 3,000.00 | 3,000.00 | 0 | 0.0% |
| Postage and Shipping | | | 32.00 | | | 0 | N/A |
| Occupancy/Building/Utilities | | | 14,618.00 | 16,500.00 | 16,500.00 | 0 | 0.0% |
| Equipment Rental and Maintenance (including contracts) | | | 741.00 | 3,000.00 | 3,000.00 | 0 | 0.0% |
| Outside Printing, Art Work, etc. | | | 235.00 | | | 0 | N/A |
| Conferences, Conventions, etc. | | | 48.00 | | | 0 | N/A |
| Special Assistance to Individuals | | | 12,220.00 | 10,000.00 | 10,000.00 | 0 | 0.0% |
| National Dues/Support Payments | | | | | | 0 | N/A |
| Organization Dues (other than above) | | | | | | 0 | N/A |
| Awards and Grants | | | | | | 0 | N/A |
| Fund Raising/Self-Support Activities | | | | | | 0 | N/A |
| Miscellaneous | | | | | | 0 | N/A |
| Equipment Purchases (incl. capital expenses) | | | | | | 0 | N/A |
| Depreciation | | | 7,714.00 | 7,500.00 | 7,500.00 | 0 | 0.0% |
| Other Expenses (Please list separately any major item) | | | | | | 0 | N/A |
| Management & General | | | 66,430.00 | 48,000.00 | 48,000.00 | 0 | 0.0% |
| Operating Expenses Total | \$ - | \$ - | \$ 109,786.00 | \$ 98,000.00 | \$ 98,000.00 | - | 0.0% |
| TOTAL OPERATIONS | \$ - | \$ - | \$ 274,452.00 | \$ 225,641.00 | \$ 228,937.00 | 3,296.00 | 1.5% |
| REVENUE OVER/ (UNDER) OPERATIONS | \$ - | \$ - | \$ 19,202.00 | \$ - | \$ - | - | N/A |

Attachment A: Program Outcome Information

Adult Services

Using the format provided, give the necessary information on separate pages for each program for which you are requesting funding from the City of Chattanooga. Submit a separate page for each program that would be supported by this funding request. Use specific numbers.

Agency Mission: The mission of Fortwood Center is to improve the quality of life for area residents who are experiencing mental illness or emotional problems.

Program Goal: State the goal of this program; the rationale for the goal; and the potential community impact.

1. The Goal of this Proposed MH/A&D Program is: To provide timely access to Alcohol and Drug Abuse counseling from a qualified professional LAODAC, (Licensed Alcohol or Drug Abuse Counselor) for Chattanooga's with a Dual Diagnosis of Mental Illness and A&D and in current need of services for both diagnoses.
2. To serve both City and County residents in need regardless of their ability to pay for the service. The Department of Mental Health's Behavioral Health Safety Net Program (BHSN), a program designed to provide mental health coverage for the uninsured population, does NOT provide coverage for alcohol or drug abuse counseling. This program is intended to fill that need.
3. To develop an integrated system able to provide A&D Therapy and Mental Health Medication Management services for Chattanooga's with a Co-occurring MH and A&D disorder.

Outcome Objectives: Provide 2 to 3 Outcome Objectives which are specific to the Program Goal.

1. To make available Co-occurring MH and A&D services to 338 Adults already identified as open cases with Fortwood Center with either a Primary or Secondary diagnosis of Alcohol or Drug Abuse and a Mental Illness and to engage that portion of the previously mentioned population who may be actively struggling with those issues. Our goal is to serve up to approximately 200 adults identified as dually diagnosed.
2. To make available Co-occurring MH and A&D services to 17 Adolescents already identified as open cases with Fortwood Center with either a Primary or Secondary diagnosis of Alcohol or Drug Abuse and a Mental Illness and to engage that portion of the previously mentioned population who may be actively struggling with those issues. Our goal is to serve up to approximately 10 adolescents identified as dually diagnosed.

Priority Area Addressed: If program has Outcomes which address one of the Priority Areas, indicate both the Priority Area and the Expected Result.

1. **Supporting the most Vulnerable** – The Dually Diagnosed citizen cannot access a single provider of care that offers professional treatment for both a Mental Illness and an Addiction Illness.

Expected Results are:

2. To provide more timely access and admission to heretofore limited or non-existent MH/A&D treatment services described above.
3. To provide the services described above which are either Uncompensated or Under

compensated for Adult and Adolescent clients suffering from Co-occurring A&D and MH issues.

Means of Measurement: Indicate how each objective is measured to determine effectiveness.

1. By monthly internal financial and service reports already in existence that track the number of uninsured clients evaluated and treated along with the associated expense of the services provided to the uninsured population. There is no development expense associated with this measurement tool.
2. By Real-Time Productivity Reports already in existence which among other factors show the accessibility and units of service delivered to clients with Co-occurring Disorders. There is no development expense associated with this measurement tool.

Outcome Results: In quantitative terms, state the results for each Outcome Objective.

1. Our result for this new program is to make a penetration of the 338 Adults already identified with Co-occurring Disorders equal to the number of Adults currently struggling with both MH/A&D issues. The remaining clients whose A&D issues are in remission will be monitored for signs of relapse and need for further A&D treatment in addition to their regular Mental Health treatment.
2. Our result for this new program is to make a penetration of the 17 Adolescents already identified with Co-occurring Disorders equal to the number of Adolescents currently struggling with both MH/A&D issues. The remaining Adolescent clients whose A&D issues are in remission will be monitored for signs of relapse and need for further A&D treatment in addition to their regular Mental Health treatment.

Comparative Information: Using local, regional, national data and/or similar type programs, indicate how the program compares relative to effectiveness.

Fortwood Center provides psychiatric services to clients who lack the resources to pay for these services. The modalities of treatment used are recommended by the National Alliance for Mental Illness (NAMI) as significant strategies to reduce symptoms and improve the quality of life with a combination of pharmacological and psychosocial treatment and support.

The Department of Mental Health's Safety Net Report shows Fortwood Center as being among the least costly Centers in the State in providing services to clients under the Safety Net Program.

Often people with mental illness and co-existing drug and alcohol problems experience difficulty when trying to get treatment for their drug and alcohol problem. Many services and agencies only work with either drug and alcohol, or mental illness, and can't or won't treat both problems at the same time.

According to a recent article in the professional magazine Psychiatric Services showed that among men and women seeking psychiatric treatment of a non-alcohol or drug related disorder, 41% of men and 23% of women met the criteria of also having Alcohol or Drug related problems. Fortwood Center annually serves over 2000 Adults and over 1000 Children/Adolescents. By applying the ratios suggested by Psychiatric Services, Fortwood Center has under-identified a large segment of the psychiatric population who also have A&D problems. This is primarily due to the absence of experienced and qualified A&D Counselors involved in the Intake and Screening process.

Attachment B: Comparative Financial Information

This section relates to agency efforts specifically funded by Chattanooga dollars to benefit Chattanooga residents, relative to the dollars given by adjoining governmental entities.

| Dollars provided to your organization in FY 2013 by the following entities: | Percent of your total annual operational funding provided by local government | % of Hamilton County Population* |
|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------|
| Chattanooga | 2% | 49.83% |
| Unincorporated Hamilton County | | 30.22% |
| Hamilton County Government's (General funds) | | |
| Collegedale | | 2.46% |
| East Ridge | | 6.24% |
| Lakesite | | 0.54% |
| Lookout Mountain | | 0.54% |
| Red Bank | | 3.46% |
| Ridgeside | | 0.12% |
| Signal Mountain | | 2.25% |
| Soddy-Daisy | | 3.78% |
| Walden | | 0.56% |
| Other (Outside Hamilton County) | 98% (state, Medicaid, Medicare, U.W.) | |
| | Above percentages should total 100% | |
| | | |
| Percent of Services rendered to residents of: | Estimate, if you do not now track this data. | |
| Chattanooga | 78% | 49.83% |
| Unincorporated Hamilton County | 9% | 30.22% |
| Hamilton County Government's (General funds) | | |
| Collegedale | | 2.46% |
| East Ridge | | 6.24% |
| Lakesite | 5% | 0.54% |
| Lookout Mountain | | 0.54% |
| Red Bank | | 3.46% |
| Ridgeside | 5% | 0.12% |
| Signal Mountain | | 2.25% |
| Soddy-Daisy | 3% | 3.78% |
| Walden | | 0.56% |
| Other (Outside Hamilton County) | | |
| | Above percentages should total 100% | |

*Population numbers are from 2010 U.S. Census.

Attachment C: Program Beneficiary Statistics

Program: Fortwood Center – Adult Substance Abuse Program

| Program Beneficiary Characteristics Clients/Patients/Recipients/Other | Last Year | This year (estimated) | Next Year (projected) |
|--------------------------------------------------------------------------|--------------|--------------------------|--------------------------|
| 1. Unduplicated Count of Program Beneficiaries TOTAL | | | 338 |
| a) Total Continuing From Previous Fiscal Year | | | |
| b) Total New for the Year | | | 338 |
| c) Total Terminated During the Year | | | |
| 2. Age Group TOTAL | | | 338 |
| a) Infants – Under 5 | | | |
| b) Between 5 and 12 | | | |
| c) Between 13 and 17 | | | |
| d) Between 18 and 29 | | | 38 |
| e) Between 30 and 64 | | | 250 |
| f) 65 and over | | | 50 |
| g) Not Known | | | |
| 3. Sex TOTAL | | | 338 |
| a) Male | | | 250 |
| b) Female | | | 98 |
| c) Not Known | | | |
| 4. Ethnic Background TOTAL | | | 338 |
| a) White | | | 100 |
| b) Black | | | 150 |
| c) Hispanic | | | 50 |
| d) Oriental | | | |
| e) Other – Ethnic Minority | | | 38 |
| f) Not Known | | | |
| 5. % Income Level TOTAL | | | 338 |
| a) Below 9,999 | | | 158 |
| b) 10,000 –19,999 | | | 150 |
| c) 20,000 – 29,999 | | | 30 |
| d) 30,000 and Over | | | |
| e) Not Known | | | |
| 6. Location of Residence TOTAL | | | 338 |
| a) Chattanooga | | | 265 |
| b) Outside of Chattanooga | | | 73 |
| c) Not Known | | | |

This is a new program need with no prior statistics available.

Attachment F: Budget Format

CITY OF CHATTANOOGA
FY2014 Agency Funding Financial Form
Fortwood Center, Inc. - Adult Substance Abuse Program

| Account Category | Actual FY2010 | Actual FY2011 | Actual FY2012 | Budget FY2013 | Request FY2014 | vs. FY13 Bud | vs FY13 Bud |
|--------------------------------------------------------|---------------|---------------|---------------|---------------|---------------------|---------------------|-------------|
| REVENUES | | | | | | | |
| Contributions | | | | | | | |
| Individuals/Private | | | | | | 0 | N/A |
| Corporate/Organizations/Churches | | | | | | 0 | N/A |
| Fees/Grants from Governmental Agencies | | | | | | | |
| Federal | | | | | | 0 | N/A |
| State | | | | | | 0 | N/A |
| Hamilton County | | | | | | 0 | N/A |
| City of Chattanooga | | | | | | 0 | N/A |
| Other Cities (Please list) | | | | | 48,600.00 | 48600 | N/A |
| United Way | | | | | | 0 | N/A |
| Foundations (including grants) | | | | | | 0 | N/A |
| Gross Proceeds Special Events | | | | | | 0 | N/A |
| Other UWs/Federations | | | | | | 0 | N/A |
| CFC/Designations received thru UWGC | | | | | | 0 | N/A |
| UWGC Program Allocation | | | | | | 0 | N/A |
| UWGC Special Funding | | | | | | 0 | N/A |
| Membership Dues | | | | | | 0 | N/A |
| Program Income | | | | | | 0 | N/A |
| Governmental Insurance | | | | | | 0 | N/A |
| Private Insurance | | | | | | 0 | N/A |
| Contracted Services | | | | | | 0 | N/A |
| Fee for Services | | | | | | 0 | N/A |
| Other Program Income | | | | | | 0 | N/A |
| Sales to Public | | | | | | 0 | N/A |
| Investment Income | | | | | | 0 | N/A |
| Miscellaneous | | | | | | 0 | N/A |
| Other Revenues (Please list separately any major item) | | | | | | 0 | N/A |
| Transfers in from other internal budgets | | | | | | 0 | N/A |
| Income from Previous Year | | | | | | 0 | N/A |
| TOTAL REVENUES | \$ - | \$ - | \$ - | \$ - | \$ 48,600.00 | \$ 48,600.00 | N/A |

This Budget proposes a new program at our Adult Outpatient Services Location for Substance Abuse. No funds have been previously requested for this use.

OPERATIONS

Personnel Expenses

| | | | | | | | |
|--------------------|--|--|--|--|-------|-------|-----|
| Salaries | | | | | 37000 | 37000 | N/A |
| Fringe Benefits | | | | | | 0 | N/A |
| Employee Health | | | | | | 0 | N/A |
| Pension/Retirement | | | | | 0 | 0 | N/A |

