

GLENWOOD YOUTH AND
FAMILY DEVELOPMENT CENTER

2610 East 3rd St.

Facility Manager: Ed Odem

697-1284

Hours M-F 11:30am-8pm; Sat 10:00am-6:30pm

www.chattanoogayouthandfamily.com

2014

FREE ONGOING PROGRAMS THROUGH MAY 2014

Youth:

- Daily After school homework help.
- Open Gym 4pm-7pm(Schedule may change due to after school activities/basketball practice.)
- Playtime, video games and more available daily after homework, tutoring finished.
- Kids Café (snacks provided) at 5:30pm Monday-Thursdays.

Adults/Seniors:

- Senior Aerobics Mondays/Wednesdays 11:30am-12:30pm.
- FREE Adult Aerobics Tuesdays/Thursdays 5:30pm-6:30pm
- FREE Line Dance Class. Mon/Wed/Friday 7pm-8pm.
- Senior Weightlifting Monday-Fridays 12:30-1:30pm
- Open Gym 11:30-4pm and 7-8pm.



YOUTH & FAMILY
DEVELOPMENT