

THERAPEUTIC RECREATION SERVICES

2008 Fall Programs



PARKS AND
RECREATION

THE MISSION of the Therapeutic Recreation Services of the Chattanooga Parks and Recreation Department is to provide leisure and recreation opportunities for citizens of all abilities. We serve youth and adults with physical, cognitive, and/or emotional disabilities. Through our programs and education and advocacy, individuals can build confidence, improve physical and cognitive abilities, expand support and social networks, and enhance their overall quality of life.

CONTACT US

THERAPEUTIC RECREATION SERVICES

City of Chattanooga, Parks and Recreation Department
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Therapeutic Recreation Coordinator

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THE CHATTANOOGA SPEEDERS

CURRENTLY RECRUITING!!!

Chattanooga's first competitive Power Soccer team specifically for individuals who use power wheelchairs. Power Soccer is played by just about anyone who uses a power wheelchair! The only real requirement is that you are able to drive your chair with a good degree of control – for the safety of yourself and other players.

Contact Elaine at (423) 697-1345 for more information.

Scenic City *Adaptive Cycling*

Inclusive cycling program designed for individuals who have physical disabilities including visual impairments. Adaptive equipment is available. Call Elaine at 697-1345 for more information.

*Offered in conjunction with SPARC and Outdoor Chattanooga.

SUPER HOOPS

Intramural basketball for individuals who have cognitive disabilities. Ages 12 and up.

COST: \$15.00 **WHEN:** Monday's, 6:00-7:00PM
Starting 10/6

WHERE: North Chattanooga Recreation Center
(406 May Street)

To Register call Lizzy at (423) 643-5716

C.H.I.P.S. GOLF

Funded by the USGA, this program provides people of ALL abilities the opportunity to learn the game of golf and everything that goes along with it. Based on Character, Honesty, Independence, Pride, and Sportsmanship, participants learn important life skills while learning golf skills at the same time.

WHERE: Brown Acres Golf Course

WHEN: Tuesday's starting in late September.

COST: \$30.00 (scholarships available)

Space is limited!!! Register today by calling Lizzy at 643-5716 or hockinson_l@mail.chattanooga.gov

TOPSOCCER

TOPSOCCER is an official US Youth Soccer program (ages 5-18) enriching the lives of young athletes through the sport of soccer.

WHEN: Saturday's 10:00 – 11:00AM starting 9/13

COST: FREE

WHERE: Readoubt Soccer Complex (6900 Bonny Oaks)

HOW: Registration will take place at the Readoubt Soccer Complex at the following times:

8/12: 6:00-8:00PM	8/14: 6:00-8:00PM
8/16: 10:00– 2:00PM	8/17: 1:00-3:00PM
8/19: 6:00-8:00PM	8/21: 6:00-8:00PM

For more information: www.readoubtsoccer.com
or call Elaine at 697-1345

TRAP

TENNESSEE RHYTHMIC ARTS PROJECT

Join Bob Stagner of the Shaking Ray Levi Society for this drumming program designed for individuals who have various intellectual disabilities.

WHEN: Wednesday's 4:00 – 5:00PM, starting 9/17

WHERE: The Chattanooga Zoo

COST: \$50.00 for this 6-week session.

*Contact Elaine at 697-1345 for more information.

CHATTANOOGA ADAPTIVE ROWING

The Chattanooga Rowing Club provides participants of all abilities with the opportunity to learn how to row. Contact Elaine at 697-1345 for more information.

THERAPEUTIC RECREATION SERVICES

2008 Special Events



PARKS AND
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CHILLIN' LIKE VILLAINS

A young-adult, social group for individuals who have various disabilities. We meet once a month at different locations around town, and do various activities such as attend sporting events, potluck dinners, movies and much more.

Contact Lizzy at 423.643.5716 or Hockinson_l@mail.chattanooga.gov to receive information on these events.

2008 Fall Calendar of Events

- AUGUST** 8/26 - Picnic In the Park. Call for more information.
- SEPTEMBER** 9/25 - We've gone to see the Lookouts play ball, but now it's our turn. Join us for an evening of Softball at Frost Stadium.
- OCTOBER** Spooky things happen this month. Let's go check them out at the Corn Maze!
- NOVEMBER** We just can't seem to get enough of that bowling! Plan on getting a strike this month.
- DECEMBER** The holiday season is here! Let's all come together for a party and present swap.



Join us for the fourth annual Go!Fest celebration where breaking boundaries and increasing disability awareness are the main focus. Participate in animal attractions and interactions, adaptive activities, entertainment, and get information from various social service agencies and other civic-minded groups, businesses and institutions.

WHERE: The Chattanooga Zoo at Warner Park
WHEN: Saturday, October 11, 2008
TIME: 10:00a.m. – 2:00p.m.
COST: FREE!!!

Visit www.gofestchattanooga.org or call 425-7800 for more information.

HALLOWEEN MASQUARADE

Pull out your best Halloween costume and join the rest of the ghosts and goblins in town for an evening of music, fun and friends!

WHEN: Friday, October 26, 2008
TIME: 6:00 – 8:00PM
WHERE: Brainerd Recreation Center
COST: \$5.00 – Caregivers Free!
HOW: Call Lizzy at 643-5716 to reserve your spot.



SIB CELEBRATION

Sib Celebration is an event that provides opportunities for typical siblings of children who have disabilities to express their feelings, share advice, and have a good time. Some activities include games, team building initiatives, arts & crafts, food and much more!

WHO: Sibs, Grades 3-7 who have a brother or sister with special needs.

WHEN: Saturday, November 15, 2008

TIME: 10:00a.m.-2:00p.m.

WHERE: The Chattanooga Zoo at Warner Park

HOW: Contact Beth Oldham at 648-1757, beth.oldham@siskin.org, or Lizzy at 643-5716, hockinson_l@mail.chattanooga.gov.

*Sponsored in conjunction with: Siskin Children's Institute, TENNder Care, TEIS and Signal Centers.



Special Olympics

We are currently looking to form a team to compete in this year's Special Olympics Soccer and Basketball tournaments. Call Elaine at 697-1345 for more information.

VOLUNTEERS NEEDED

We need volunteers and interns to assist our staff with programming! There are many opportunities to get involved such as ongoing programs and special events. For more information, please contact Lizzy at 643-5716 or hockinson_l@mail.chattanooga.gov.

E-MAIL ANNOUNCEMENTS

Want to know what's happening with Therapeutic Recreation? The announcements include valuable information about upcoming programs and "spontaneous" events. If you want to be included on our distribution list, please call Elaine at 697-1345 or send an e-mail to adams_e@mail.chattanooga.gov.